We have more engaged couples taking the course every year and the statistics are always as encouraging every year. Even though abstinence and N.F.P. are not the core teachings of the program, they are good indicators of the engaged couples’ reception of the Church’s teachings.

How do we get these very encouraging numbers? Here is our recipe.

- A solid content; faithful to the Catholic Church teachings and John Paul II Theology of the Body. We proclaim the Truth and the couples welcome the Truth!

- A one-on-one mentoring of each engaged couple by trained Instructor Couples faithful to the Magisterium who live what they teach.

- A solid relationship between the Engaged Couples and the Instructors, based on trust.

- Couples have time to process the information and can ask all their questions to real life Instructors.

- No lecture type, no video only training, but rather hard work from the Instructors and the Engaged Couples.

It was a great encouragement to read Pope Benedict XVI Address to the Roman Rota on January 22nd 2011. Because for many years we have taken every step the Holy Father presents in his address to make sure that the engaged couples enter into a licit and valid celebration of the Sacrament of Matrimony.

We also give the right life skill tools to the engaged couples to cope with every aspect of their daily lives: communications, conflict resolution, finances, family of origin, parenting, and much more. We take a holistic approach of the life-skills and cannot separate the practical from the spiritual so we show that even when learning these life skills Christ still comes first and is entwined in everything we do every day.